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Good tea is a rare thing - a gratifying mix of flavour and effect that really is good for you. It is the convergence of all the important things that we look for in life - delicious, ethical, functional, healthy and natural. Good tea is a journey with no end of learning! I'm Alexis and I've been an avid tea drinker all my life. I was constantly disappointed with the quality of tea being offered in cafes and hotels. When visiting other offices or companies as part of my job, it got to the stage where drinking a cup of instant coffee was the least-worst option.

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